



Personal / Social Hx – Age 13 to Adult

Patient Name: \_\_\_\_\_

Drug and Food Allergies and Indicate Reaction: \_\_\_\_\_

Reason for Today's Visit: \_\_\_\_\_

Have you ever had a blood transfusion?  Yes  No

Have you had any recent infection, illness or injury? \_\_\_\_\_

Last doctor: \_\_\_\_\_ Reason for leaving: \_\_\_\_\_

Other doctors/specialists involved in your care: \_\_\_\_\_

Race / Culture:  African American  Caucasian  Hispanic  Asian  
 Native Hawaiian or Pacific Islander  Other

Marital Status:  Single  Married  Widowed  Divorced (# times: \_\_\_\_\_)

Do you have children? (list genders & ages) \_\_\_\_\_

Where do you live? (house, apartment, nursing home, etc.) \_\_\_\_\_

Who do you live with? (include all) \_\_\_\_\_

What activities do you have trouble doing by yourself?

Eating  Dressing  Going to the bathroom  Walking  
 Bathing  Getting out of bed  Grooming  Communicating

What activities are you NOT able to do?  Manage household  Shopping

Lifting  Cooking  Housecleaning  Laundry

Managing medications  Managing money  Manage home repair  Driving

Use public transportation  Reading  Writing

Current Job/Position: \_\_\_\_\_

Religious Preference: \_\_\_\_\_

Do you use tobacco?  Cigarettes  Chewing  Snuff Packs per day \_\_\_\_\_ Number of years used \_\_\_\_\_

Were you previously a smoker?  Yes  No If so, year you quit \_\_\_\_\_ and # of years you smoked \_\_\_\_\_

Do you live in a house with a smoker?  Yes  No

Do you drink alcohol?  Yes  No Type & Amount: \_\_\_\_\_

Do you use drugs?  Yes  No If yes, what kind and how often? \_\_\_\_\_

Do you exercise regularly?  Yes  No If yes, what kind of exercise and how often? \_\_\_\_\_

Do you use a seatbelt?  Yes  No Do you use a helmet for biking/skateboarding?  Yes  No  NA

Activities / Hobbies / Sports: \_\_\_\_\_

Education Completed:  GED  High School  Tech School

College  Post Grad  Other: \_\_\_\_\_

Are you enrolled in:  Public School  Private School  Home school School Grade: \_\_\_\_\_

Name of School/ College attending: \_\_\_\_\_

**Please check the symptoms below that you have persistent problems with or are concerned about:**

**GENERAL**

Fever  Chills  Feeling Tired  
 Weakness  Weight Loss  Weight Gain

**SKIN/HAIR/NAILS/LYMPH**

Change in Skin Color  Easy Bruising  Pitted Nails  
 Dry Skin  Skin Lesions  Mole Changes  
 Rash  Hair Symptoms  Lesions  
 Itching  Fingernail Discoloration  Swollen Lymph Nodes

**JOINTS/MUSCLES**

Muscle Aches  Localized Joint Swelling  Muscle Weakness  
 Joint Pain, Localized  Localized Joint Stiffness  Muscle Cramps  
 Gout Attack  Back Pain  Knee Pain  
 Varicose Veins  Other Pain: \_\_\_\_\_

**ENDOCRINE SYSTEM**

Recent Weight Change  Tremors  Excessive Hunger  
 Temperature Intolerance  Excessive Thirst  Excessive Urination

Review of Systems

**EYES**

- Blurry Vision  
 Double Vision

- Eye Pain  
 Watery Drainage

- Mucous-Like Drainage

**EARS / NOSE / MOUTH / THROAT**

- Ear Pain  
 Trouble Hearing  
 Ringing in Ears  
 Ear Drainage  
 Sneezing  
 Clear Nasal Drainage

- Nasal Drainage/Mucous  
 Nasal Stuffiness  
 Nosebleeds  
 Snoring  
 Sore Throat  
 Difficulty Swallowing

- Change in Voice  
 Jaw Pain  
 Facial/Sinus Pressure  
 Tooth Ache  
 Bleeding Gums  
 Mouth Sores

**BREAST**

- Breast Lump

- Breast Pain (females)

- Nipple Discharge (females)

**RESPIRATORY SYSTEM**

- Cough  
 Coughing up Blood  
 Night Sweats

- Exposed to TB  
 Shortness of Breath  
 Trouble Sleeping Flat

- Coughing Up Sputum

**CARDIOVASCULAR SYSTEM**

- Palpitations  
 Chest Pain

- Difficulty Breathing  
 Soft Tissue Swelling

**GASTROINTESTINAL SYSTEM**

- Appetite  
 Difficulty Swallowing  
 Nausea  
 Belching  
 Heartburn

- Flatulence (Gas)  
 Abdominal Pain  
 Diarrhea  
 Constipation  
 Vomiting

- Stool Changes  
 Bloody Stool  
 Black Stool

**GENITOURINARY SYSTEM**

- Decreased Urine Volume  
 Pain during Urination  
 Blood in Urine  
 Changes in Urinary Habits

- Urinary Loss of Control  
 Birth Control Method: \_\_\_\_\_  
 History of Venereal Disease

- Sexual Complaints

**GENITOURINARY SYSTEM – Females Only:**

- Vaginal Discharge  
 Vulvar Itching/Burning  
 Age at first period: \_\_\_\_\_  
 Abnormal Menses Frequency

- Abnormal Menses Duration  
 Heavy Bleeding  
 Severe Menstrual Pain  
 Vaginal Dryness

- Date of last Menstruation: \_\_\_\_\_  
 Age at Menopause: \_\_\_\_\_  
 Postmenopausal Bleeding

**Summary of Previous Pregnancies:**

- # Pregnancies: \_\_\_\_\_  
 # Full-Term Deliveries: \_\_\_\_\_  
 # Premature Deliveries: \_\_\_\_\_

- # Vaginal Deliveries: \_\_\_\_\_  
 # C-Section Deliveries: \_\_\_\_\_  
 # Living Children: \_\_\_\_\_  
 # Miscarriages: \_\_\_\_\_

- # Elective Abortions: \_\_\_\_\_  
 # Ectopic (Tubal) Pregnancies: \_\_\_\_\_

**GENITOURINARY SYSTEM – Males Only:**

- Testicle Symptoms  
 Blood in Semen  
 Abnormal Urethral Discharge

- Penile Lesion  
 Decreased Urine Flow  
 Urinary Urgency

- Urinary Hesitancy  
 Frequent Urination at Night

**NEUROLOGICAL SYSTEM**

- Sense of Smell Changes  
 Taste Disturbances  
 Difficulty Keeping Balance  
 Difficulty in Speech  
 Abnormality of Walk

- Increased Sensitivity to Touch / Pain  
 Tingling  
 Numbness  
 Headache

- Fainting  
 Dizziness  
 Confusion  
 Memory Loss  
 Vertigo

**PSYCHIATRIC HISTORY**

- Interpersonal Relationship Problems  
 Sleep Disturbances  
 Depression  
 Anxiety

- Memory Lapses / Loss  
 Hallucinations  
 Thoughts of Hurting Yourself  
 Thoughts of Hurting Someone Else

- Agitation  
 Restless  
 Sadness

Past Medical Hx

Do you have a **Medical History** of (*check all that apply*):

- |  |   |  |   |
|--|---|--|---|
| <input type="checkbox"/> Allergic Rhinitis   | <input type="checkbox"/> Chronic Bronchitis       | <input type="checkbox"/> Glaucoma/Eye Disease    | <input type="checkbox"/> Osteoporosis           |
| <input type="checkbox"/> Alzheimer's Disease | <input type="checkbox"/> Colitis                  | <input type="checkbox"/> Gout                    | <input type="checkbox"/> Peptic Ulcer           |
| <input type="checkbox"/> Anemia              | <input type="checkbox"/> Congestive Heart Failure | <input type="checkbox"/> Heart Attack            | <input type="checkbox"/> Psychiatric Disorder   |
| <input type="checkbox"/> Anxiety             | <input type="checkbox"/> COPD                     | <input type="checkbox"/> Heartburn/GERD          | <input type="checkbox"/> Renal / Kidney Disease |
| <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Crohn's Disease          | <input type="checkbox"/> Heart Disease           | <input type="checkbox"/> Seizure Disorder       |
| <input type="checkbox"/> Asthma              | <input type="checkbox"/> Dementia                 | <input type="checkbox"/> Hepatitis/Liver Disease | <input type="checkbox"/> Stroke Syndrome        |
| <input type="checkbox"/> Birth Defects       | <input type="checkbox"/> Depression               | <input type="checkbox"/> High Cholesterol        | <input type="checkbox"/> Substance Abuse        |
| <input type="checkbox"/> Bleeding Disorder   | <input type="checkbox"/> Diabetes Mellitus        | <input type="checkbox"/> HIV Infection           | <input type="checkbox"/> Thyroid Disorders      |
| <input type="checkbox"/> Blood Clots         | <input type="checkbox"/> Eczema                   | <input type="checkbox"/> Hypertension            | <input type="checkbox"/> Tuberculosis           |
| <input type="checkbox"/> Breast Lump         | <input type="checkbox"/> Enlarged Prostate        | <input type="checkbox"/> Lung Disease            | <input type="checkbox"/> Other _____            |
| <input type="checkbox"/> Cancer              | <input type="checkbox"/> Genetic Disease          | <input type="checkbox"/> Migraine Headaches      | <input type="checkbox"/> Other _____            |

Surgery/Hospitalization

Please list any **Surgeries/Hospitalization** that you have had:

| Surgery/Hospitalization/Injury | Date  |
|--------------------------------|-------|
| _____                          | _____ |
| _____                          | _____ |
| _____                          | _____ |
| _____                          | _____ |
| _____                          | _____ |
| _____                          | _____ |
| _____                          | _____ |

Family History

Do you have a **FAMILY HISTORY** of (*check all that apply & indicate your relationship to the person affected*):

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Allergic Rhinitis _____        | <input type="checkbox"/> Crohn's Disease _____         | <input type="checkbox"/> Hypertension _____         |
| <input type="checkbox"/> Alzheimer's Disease _____      | <input type="checkbox"/> Dementia _____                | <input type="checkbox"/> Lung Disease _____         |
| <input type="checkbox"/> Anemia _____                   | <input type="checkbox"/> Depression _____              | <input type="checkbox"/> Migraine Headaches _____   |
| <input type="checkbox"/> Anxiety _____                  | <input type="checkbox"/> Diabetes Mellitus _____       | <input type="checkbox"/> Osteoporosis _____         |
| <input type="checkbox"/> Arthritis _____                | <input type="checkbox"/> Eczema _____                  | <input type="checkbox"/> Peptic Ulcer _____         |
| <input type="checkbox"/> Asthma _____                   | <input type="checkbox"/> Enlarged Prostate _____       | <input type="checkbox"/> Psychiatric Disorder _____ |
| <input type="checkbox"/> Birth Defects _____            | <input type="checkbox"/> Genetic Disease _____         | <input type="checkbox"/> Renal/Kidney Disease _____ |
| <input type="checkbox"/> Bleeding Disorder _____        | <input type="checkbox"/> Glaucoma/Eye Disease _____    | <input type="checkbox"/> Seizure Disorder _____     |
| <input type="checkbox"/> Blood Clots _____              | <input type="checkbox"/> Gout _____                    | <input type="checkbox"/> Stroke Syndrome _____      |
| <input type="checkbox"/> Breast Lump _____              | <input type="checkbox"/> Heart Attack _____            | <input type="checkbox"/> Substance Abuse _____      |
| <input type="checkbox"/> Cancer/Type: _____             | <input type="checkbox"/> Heart Disease _____           | <input type="checkbox"/> Thyroid Disorders _____    |
| <input type="checkbox"/> Chronic Bronchitis _____       | <input type="checkbox"/> Heartburn/GERD _____          | <input type="checkbox"/> Tuberculosis _____         |
| <input type="checkbox"/> Colitis _____                  | <input type="checkbox"/> Hepatitis/Liver Disease _____ | Other: _____  |
| <input type="checkbox"/> Congestive Heart Failure _____ | <input type="checkbox"/> High Cholesterol _____        | Other: _____  |
| <input type="checkbox"/> COPD _____                     | <input type="checkbox"/> HIV Infection _____           |   |

Medications

Please list any **medications** that you are currently taking:

Dose/Frequency

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IMM

Last Tetanus shot: \_\_\_\_\_ Last Flu Vaccine: \_\_\_\_\_  
 Last Pneumonia Vaccine: \_\_\_\_\_ Last Chicken Pox Vaccine: \_\_\_\_\_  
 Last HPV Vaccine: \_\_\_\_\_ Last Shingles Vaccine: \_\_\_\_\_

Health Maintenance

**Males:** (Indicate the approximate date of your last screening test \_\_\_\_\_)

Age 35 and older: Cholesterol level \_\_\_\_\_  
 Age 65-75 if ever smoked 100 or more cigarettes: Abdominal Aortic Aneurysm Screening \_\_\_\_\_  
 Age 50 or older: Colon Cancer Screening \_\_\_\_\_  
 Last blood work: \_\_\_\_\_  
 Last prostate cancer screening: \_\_\_\_\_  
 Last stress test: \_\_\_\_\_  
 Last eye exam: \_\_\_\_\_  
 Sexually Transmitted Diseases Screening (such as HIV, Gonorrhea, Syphilis, etc.) \_\_\_\_\_

**Females:** (Indicate the approximate date of your last screening test \_\_\_\_\_)

Age 40 and older: Mammogram \_\_\_\_\_  
 Age 21-65 or younger and sexually active for 3 years: Pap Test \_\_\_\_\_  
 Age 45 and older: Cholesterol level \_\_\_\_\_  
 Age 65 and older OR 60-64 and weigh less than 155 pounds: Bone Density \_\_\_\_\_  
 Age 50 or older: Colon Cancer Screening \_\_\_\_\_  
 Last blood work: \_\_\_\_\_  
 Last stress test: \_\_\_\_\_  
 Last eye exam: \_\_\_\_\_  
 Last dexa scan: \_\_\_\_\_  
 Age 25 and younger and sexually active: Chlamydia test \_\_\_\_\_  
 Other Sexually Transmitted Diseases Screening (such as HIV, Gonorrhea, Syphilis, etc.) \_\_\_\_\_